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# Chair in Hindu Studies

## 20th Anniversary Celebrations



Pujya Gurumatha Amma, a leading Hindu spiritual leader and founder of the Vyasa Veda Peeta Centre for Self Realization, Bangalore, India.

We Gratefully Acknowledge  
the Support of the Following :

Concordia University Part-Time Faculty Association  
Office of the Vice-President, Research and Graduate Studies  
Office of the Vice-President, Services  
Office of the Dean, Faculty of Arts and Science  
Department of Religion

Thursday Aug.26th, 7:30pm  
"Meditation & the Real Meaning of Health"  
Discourse at Concordia University

J.A. de Sève Cinema  
(Doors open at 7pm)  
[iits.concordia.ca/services/cinemas/deseve.shtml](http://iits.concordia.ca/services/cinemas/deseve.shtml)



DISCOURSE  
by  
GURUMATHA  
AMMA



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